

COMMUNITY RESOURCES

Iona Senior Services	PHONE: (202) 895-9448 WEBSITE: www.iona.org	Iona provides a range of services and resources for senior residents, including the comprehensive Iona Resource Guide, available on their website.
Capital Area Food Bank	HUNGER LIFELIFE: (202) 644-9807 WEBSITE: Capitalareafoodbank.org	Providing food to more than 400 community partners including food pantries, senior programs, and more. Find a location with food near you using their website's interactive map.
Office of the Tenant Advocate (OTA)	PHONE: (202) 719-6560 WEBSITE: ota.dc.gov	Assistance for individuals who are facing eviction or confronting potentially unlawful rental housing conditions (flooding, rodent issues, lack of utilities, etc).
DC Front Door	WEBSITE: FrontDoor.dc.gov	Resources for current and future homeowners looking for assistance with home purchasing or maintenance.
Office of People's Counsel (OPC)	PHONE: (202) 727-3071 WEBSITE: opc-dc.gov	Contact regarding disputes with utility companies, including gas, electric, water, internet, and phone.
Emergency Shelter	PHONE: (202) 399-7093 or dial 317 WEBSITE: community-partnership.org/	Contact to request emergency shelter. The shelter hotline is open every day from 8:00 a.m. – 12:00 a.m. and 24/7 during hypothermia season (November 1 - April 15).
Department of Behavioral Health (DBH)	HELPLINE: 1-888-7WE-HELP or 1-888-793-4357	Contact 24/7 to refer a caller to immediate help or ongoing care and can activate mobile crisis teams.
DBH Community Response Team	PHONE: (202) 673-6495	Contact to request including homeless outreach, mobile crisis, and pre-arrest diversion.
DBH Assessment and Referral Center (ARC) 75 P Street NE, Washington, DC 20002	HOURS OF OPERATION: Mon-Fri 7:00 a.m. - 6:00 p.m. For same day service, please arrive before 3:30 p.m.	Services include detoxification, treatment including medication assisted treatment, individual and group counseling, self-help and recovery activities, and, in some cases, residential treatment.
MPD Online Reporting Tool	WEBSITE: mpdc.dc.gov/service/file-police-report	Use to report certain property crimes, including damage to or destruction of property, theft, theft from auto, etc.
MPD Fifth District Station 7805 Bladensburg Road NE, Washington, DC 20002	PHONE: (202) 698-0150 WATCH COMMAND: (202) 327-4392 WEBSITE: mpdc.dc.gov/page/welcome-fifth-district	Contact for non-urgent police requests, including information about recent incidents in MPD's 5th District (most of Ward 5, except for north of Michigan Ave and west of North Capitol St).
MPD Fourth District Station 6001 Georgia Avenue NW, Washington, DC 20017	PHONE: (202) 775-7400 WATCH COMMAND: (202) 3971-7177 WEBSITE: mpdc.dc.gov/page/welcome-fourth-district	Contact for non-urgent police requests, including information about recent incidents in MPD's 4th District (north of Michigan Avenue).
MPD Third District Station 1620 V Street NW, Washington, DC 20009	PHONE: (202) 673-6815 WATCH COMMAND: (202) 276-7462 WEBSITE: mpdc.dc.gov/page/welcome-third-district	Contact for non-urgent police requests, including information about recent incidents in MPD's 3rd District (west of North Capitol Street).
Office of Human Rights (OHR) 441 4th Street NW, Suite 570-N Washington, DC 20001	PHONE: (202) 727-4559 WEBSITE: ohr.dc.gov	Contact regarding complaints of unlawful discrimination in employment (private companies and government), housing, public accommodations (restaurants, for-hire-vehicles), and educational institutions.